

Impact for Change

Awesome people, awesome youngsters, awesome memories.



Amber Event

25th May 2019 saw 19 people hit the water, completing over 9 miles from Exeter to Exmouth for the Amber Foundation!

Impact for Change raised £1115 for the Amber Foundation, a charity that supports young adults. This was an amazing feat, as 19 people aged between 11-67 jumped into kayaks and canoes and paddled from Exeter to Exmouth. Team members from all of our homes and all the young people from Holly Farm participated. At the end of the event the youngsters jumped into the estuary for a bit of a cool down! K said "its for charity, of course we are going to do it".

1

COMING SOON

Impact for Change is now a member of Surfers Against Sewage 250 Club. We will be upping our game on recycling and going plastic free.

2

WHITE TRASH

Al Kershaw from Luton Lanes Farm new single, "You're not the only one" is out! Sounds freaking amazing check it out <https://youtu.be/aVEbq0d18ZA>

3

MOVE IT MINUTES

The homes have been clocking up their "move-it minutes" with spectacular results. Awesome activities going on; swims; walks; climbing; Keep moving folks



Calling all Social Workers

Fed up with receiving boring paperwork about your young people. Sign up to your tapestry accounts and see live up dates of all the great stuff your young people are up to! If you are having problems logging in contact Clare 01805 603074.



2019-2020 Charity

The homes have decided that they wanted to support Dogs Helping Kids this year. Which is a great choice.

This month in a nutshell.

A brief overview of our month at Impact for Change:

Wow! What a month it's been! The homes have been massively busy with the nutrition and activity incentive's that were launched in May 2019.

K and R kayaked over 9 miles for charity, while H joined the team and was on doggy day care duties!

At Holly Farm there has been some awesome home cooking going on with K making some amazing pancakes. While at Luton Lane S was experimenting with vegetarian meals and discussing how meat eaters have a bigger carbon footprint than vegans and vegetarians!

Matt and Russell won the team member activity incentive for May 2019.

Holly Farm have excelled this month on their craft activities; making friendship bracelets, play doh and music.

“R has been excellent today”- T Base

Education has been on fire this month K has completed his SAT's and R is receiving awesome feedback from his providers.



CALLING ALL YOUNG PEOPLE AND TEAM MEMBERS

We are looking for articles to go into next months news letter! Any events that happen over June 2019 that are exceptional and news worthy let me know- Closing deadline for the news letter is the last day of the month.

Impact for Change Podcast. We are starting our own pod cast, the first recording has been done, this was with Bernard Allen and we chatted about how the brain works and our experiences at school. We are looking our young people to get involved. We are planning a jamming session for our next podcast with Al, Sam, Mark and K from Holly Farm. If you are up for it contact Sam Williams for more details.

